

HEALTH CERTIFICATE

Upon the acceptance at the American College of Traditional Chinese Medicine, the following health requirements must be completed by a qualified Primary Health Provider prior to registration:

Student's Name:				Birth Date		
	ibe the overall health and any health	problem(s) that will affect his/he	er being a student at ACTCM or	working in the College's	Community Clinic.	
onomia						
	Overall:					
	Abnormal Findings:					
	Comments and Follow-	d Follow-up				
rimary I	Lealth Provider:					
•		Signature:		Date:		
ddress:		City/State/Zip:	Pho	ne: ()		
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SIGNATURE OF WAIVER

Signature below will verify that I have read this information and have knowledge that lack of immunity may increase risk. I will not be completing the serum titres or vaccinations which have been recommended and I release ACTCM from any liability for incurred illness.

Student's Signature	Date

HEPATITIS "B" AND HEPATITIS "B" VACCINE

The Disease:

Hepatitis B is an infection caused by the Hepatitis B virus. Some people who become infected with the virus recover completely, but some become chronic carriers of the virus or develop recurrent hepatitis. The majority of chronic carriers do not have symptoms themselves, but they may infect others by transmitting the virus via blood or body fluids. Some who remain infected with the virus develop chronic hepatitis, serious liver disease and liver cancer. Worldwide, the Hepatitis B Virus is a major cause of liver disease.

The Vaccine:

Health practitioners are considered a high-risk group because of the risk of needle sticks. A safe and effective vaccine is available to prevent infection with the Hepatitis B virus, thus preventing both the acute and chronic forms of Hepatitis B. The vaccine called Recombivax HB, is derived from yeast cells which have been genetically altered, and is free of association with human blood products. The vaccine was subjected to extensive clinical trials prior to FDA approval, and has been commercially available since 1987. There is no evidence available to suggest that the vaccine transmits Hepatitis B or any other disease. No serious side effects have been reported to date. Occasionally, a person may have been exposed to Hepatitis B prior to beginning the immunization series and he may develop Hepatitis B, even after being vaccinated.

The vaccine is also highly effective. Of those individuals who received a full immunization series, 85-95% develop measurable immunity to Hepatitis B.

The complete given series consists of three (3) injections over a six (6) month period: the first injection given initially, the second given 30 days later and the third given five months after the second injection. The duration of immunity is not known, but is believed to be long-lasting with no need for boosters for at 5-10 years.

Vaccine Side Effects:

Side effects to the vaccine are relatively uncommon. Those that do occur are not serious and are usually mild. An individual may experience redness and soreness at the injection site. Rarely, systemic symptoms such as fever, malaise, rash and joint pains have occurred, but even these symptoms last only a few days following vaccination.

There is also a vaccine available against Hepatitis A. Both vaccines can be obtained from your Primary Care Practitioner or from Public Health Clinics.